Questions to ask yourself to inform your land acknowledgment:

- Why is this acknowledgement happening?
 - Why am I doing this land acknowledgment?
 - How does this acknowledgement relate to the event or work you are doing?
 - How does this land acknowledgment honour and centre Indigenous Peoples?
 - What does the land acknowledgement call on non-Indigenous peoples to do?
- Where will the land acknowledgment take place?
- Who is the land acknowledgment for?
- What is my relationship to this territory/the land/Treaties?
 - What is my relationship to the Indigenous Peoples and Nations of this territory? What does it mean to live on Indigenous land today?
 - How did you and/or your family come to be here?
 - How do my personal, professional and/or intellectual positionalities (identities, contexts, experiences, and perspectives) inform how and what I know about Indigenous Peoples in Canada/this land acknowledgment?
 - What is my social-location?
 - What is my relationship to power? The nation-state? The institution (where applicable)?
 - What are my roles and responsibilities in Treaty?
 - What are my roles and responsibilities in Reconciliation?
- What legacies and histories (personal, communal, societal, national, transnational and/or global) inform my role in this land acknowledgment?
 - What has been the impact of your field, as an institution on Indigenous people?
 - How do I benefit from Indigenous land? How has my family benefitted?
 - What is the history of this territory? What are the impacts of colonialism here?
 - In what ways, or not, am I conscientiously acknowledging complicities in settler-colonialism through this land acknowledgment?

• What intentions do you have to disrupt and dismantle colonialism beyond this territory acknowledgement?

• What role does reciprocity play in my relationships to the land and/or Indigenous Peoples and communities?

(Adapted from Wiengarten Learning Resources Center Blog and native-land.ca)